

HydraFacial Pre & Post Care

Pre Care

1. Discontinue use of any Accutane products such as Sotret, Claravis, Amnesteem etc. for one year prior to treatment
2. Discontinue use of topical prescriptive medications such as Retin-A, Tazorac, Differin, EpiDuo, Ziana, Trentenoin etc. one week prior to treatment
3. Do not use any exfoliating treatments such as glycolic, enzymes, salicylic acid to the area prior to 48 hours to treatment
4. Do not wax or use any depilatory creams 5-10 days prior to treatment
5. Discontinue over the counter acne medications such as Benzyl Peroxide, Salicylic Acid etc. 2 days prior to treatment
6. It is recommended, if you are prone to cold sores, that you take your medication 2 days prior to treatment and 2 days after treatment. It does not cause a break out however if you have one starting it could bring to surface.
7. Avoid sun tanning 72 hours prior to treatment
8. Any injections such as Botox must be done 5 days prior to treatment
9. Any injections such as Juvederm must be done 2 weeks prior to treatment
10. Shaving is not recommended with a minimum of 4 hours prior to a men's Hydrafacial
11. If you are Pregnant or Lactating please inform the Esthetician that is performing your service

Post Care

1. It is highly recommend to use a sunscreen of SPF 30 or higher on treated area and avoid sun tanning for 48 hours after treatment
2. Please allow 24 hours after treatment for any injections
3. Please allow 5-10 days for waxing or depilatories creams after treatment

4. Avoid heat /sweating (hot showers, sauna & intense cardio) for 24 hours after treatment
5. Topical prescriptions including over the counter acne medication may be resumed 48 hours after treatment